



PUBLIC SCHOOLS OF NORTH CAROLINA

State Board of Education | Department of Public Instruction

PSU Improvement Plan for Social Emotional Learning (SEL) and School Mental Health (SMH) (per NC SBOE Policy [SHLT-003](#))

Note: PSUs whose District MTSS teams have completed the Core SEL Practices course and developed a Core SEL implementation plan around instruction, curriculum, and environment will be well situated to develop a compliant local improvement plan for promoting student health and well-being by July 1, 2021, per SHLT-003 requirements.

In addition, it is strongly recommended that a local needs assessment and resource mapping be conducted prior to completing the improvement plan below. Completion of the [SHAPE Quality Assessment](#) and/or use of the [needs assessment](#) and [resource mapping](#) tools on the [NCDPI SEL and Crisis Response Practice Guide](#) will provide the data needed for the targeted improvement planning below.

PSU Compelling Why & Vision for SEL and School Mental Health Improvement:

Vision

Franklin County School District is committed to helping students develop the skills necessary to manage their emotions and behaviors by developing self-awareness, self-management, social awareness, relationship skills, and responsible decision-making. We support students' socio-emotional development, both within and outside of the classroom, by partnering with families and communities to provide these skills in a culturally responsive manner.

Why is addressing SEL important in an MTSS?

MTSS is a school improvement framework that allows our schools to effectively organize support for all students in order to maximize success. Research has demonstrated skills acquired during SEL are as teachable as academic standards and behavioral expectations. Students' social-emotional skills can be shaped well into adolescence; therefore, having a continuum of support from pre-kindergarten through high school is a pillar of the model. SEL is defined around five basic competencies which encompass "soft skills" that will assist students across settings and throughout their lifespan. SEL goes beyond teaching discrete desired behaviors within school settings; it is a process of acquiring a myriad of skills and an understanding of how and when to use them.

CORE SEL and Mental Wellness Supports

Content	Action Items/Status	Person(s) responsible & Timeline	Helpful Resources
SEL and MH Prevention Strengths & Needs	<p>The following data was used to determine district needs:</p> <ul style="list-style-type: none"> ● SHAPE (School Health Assessment and Performance Evaluation) ● FCS School-Based Mental Health Data ● School Discipline Data 	<p>Windy Edwards, Freda Clifton, and Student Support Personnel</p> <p>Reevaluate Needs Each Semester (December and June)</p>	<p>FAM-S YRBS (Youth Risk Behavior Survey) Annual School Health Services Report Healthy Active Children report PowerSchool data Say Something App data SHAPE (School Health Assessment and Performance Evaluation) ECATS MTSS Early Warning System data District Report Card data Racial Equity Report Card data</p>
Describe existing PSU SEL/ MH prevention initiatives	<p>(e.g., MTSS, trauma-informed schools, restorative practices, character education, WSCC framework, bullying prevention, etc.)</p> <p>Preventative Initiatives:</p> <p>District MTSS Social Emotional Learning Plan Implementation</p> <p>Trauma-Informed Schools Professional Dev'p</p> <ul style="list-style-type: none"> ● Principals ● Beginning Teachers ● School Counselors & Social Workers <p>Restorative Practices Training for Administrative Teams and/or faculty and staff (sites to participate in training will be based upon school and student needs)</p> <p>Bullying Prevention</p>	<p>All Schools July 2023 - June 2024</p> <p>August 2023 - June 2024</p> <p>Freda Clifton August 2023 - June 2024</p>	<p>District MTSS Social Emotional Learning Plan (link)</p> <p>Resilience: The Biology of Stress and the Science of Hope Trauma Informed Schools (NEA) Resources for Resilience (link)</p> <p>IIRP (link)</p>

		Administrators, School Counselors, and Teachers July 2023 - June 2024	
	Mental Health First Aid Training for School Counselors and Social Workers; Also available to school staff based upon school need (School-Based Mental Health Data) and principal request	Windy Edwards, Yvonne Faison, & Freda Clifton August 2023 - June 2024	
Build/Align Infrastructure	<ul style="list-style-type: none"> ● Adopt/implement mental health training program which includes adult SEL and mental wellness ● Adopt/implement suicide risk referral protocol (school personnel who work directly with students [teachers, instructional support personnel, principals, and assistant principals; this may also include, in the discretion of the PSU other school employees who work directly with students] in grades 6-12 [required] and K-5 [recommended]) ● Improve SISP staffing ratios ● Engage relevant stakeholders, including families, students, community providers, and cross-system partners (e.g., county agencies, faith-based organizations, professional associations, etc.), with the goal of building school, family, and community partnerships to strengthen SEL and MH prevention 	<p>Mental Health Training Plan: Staff Level Professional Development Plan (as outlined in SHLT-003) via SafeSchools for all staff; Additional training to be provided as needed based upon student needs (ex. For counselors & social workers) July 2023 - June 2024</p> <p>Suicide Risk Risk Procedures (Protocol Link) July 2023 - June 2024</p> <p>SISP Staffing Ratios: Review SISP Ratio Data (Windy Edwards) July 2023 - June 2024</p> <p>Relevant Stakeholders: Lead Social Worker; Student Support Services; School Health Advisory Council August 2023 - June 2024</p>	<p>FAM-S</p> <p>SEL in Homes and Communities</p> <p>Memorandums of Understanding with agencies supporting School-Based Mental Health *MOUs for 2023-24 (In Progress)</p>
Align with Academic Objectives	<p>Alignment with Academic Objectives through: Implementation of District SEL Curriculum within School/Class Curriculum</p> <p>Ex: SEL in ELA K-12 (Self-Management;</p>	Administration, Teachers, and Counselors July 2023 - June 2024	<p>NC SEL Standards Mapping Documents</p> <p>Webinar Series Recordings: Integrating SEL into the Content Areas</p>

	Responsible Decision Making)		Aligning SEL and Academic Objectives Aligned SEL Sample Lesson Plan
SEL/MH prevention curriculum SEL/MH prevention instruction SEL/MH prevention environment	Prevention Curriculum, Instruction, & Environment: Staff Level Professional Development Plan <ul style="list-style-type: none"> ● Will include all required topics as outlined in legislation <ul style="list-style-type: none"> ○ Youth Mental Health ○ Suicide Prevention ○ Substance Abuse ○ Teenage Dating Violence ○ Child Sexual Abuse Prevention ○ Sex Trafficking Prevention ● Includes six (6) hours of content ● Delivered via SafeSchools ● To be completed within the first six (6) months of employment, as outlined in legislation Implementation of District SEL Curriculum within School/Class Curriculum	Human Resources (via SafeSchools) July 2023-June 2024 (within 6 months of hire as outlined in SHLT-003) With additional training determined and provided based upon school and student needs Windy Edwards, Yvonne Faison, Freda Clifton July 2023-June 2024 Administration, Teachers, and Counselors July 2023 - June 2024	Evidence-based Programs Decision Tree NC Professional Teaching Standard II CASEL Supportive School/Classroom Environment
SEL and MH prevention Data Evaluation -student data (screening)	Student Data: <ul style="list-style-type: none"> ● Evaluate data from universal screener (Link to Universal Screener Training) ● Determine best practices for addressing students' needs 	School Counselors and MTSS Teams October 2023 and April 2024 Ongoing July 2023-August 2024	Create SEL/ MH Data Evaluation Plan School Mental Health Quality Guide: Screening MTSS Assessment Guidelines

System of Interventions for SEL and Mental Health

Content & Time	Action Items/Status	Person(s) responsible & Timeline	Helpful Resources
<i>Early Intervention</i>	<ul style="list-style-type: none"> ● Identify students who are at risk of developing SEL and/or mental health issues at school ● Identify students experiencing SEL and/or mental health issues at school ● Provide intervention for at-risk or struggling students ● Annually review of crisis intervention policies, practices, and personnel ● Annually review of discipline policies, practices, and personnel ● Ensure PSU is included in local community emergency preparedness plan 	<p>All FCS Faculty and Staff</p> <p>All FCS Faculty and Staff</p> <p>Teachers, Counselors, and Social Workers</p> <p>Windy Edwards (Student Support Services)</p> <p>Dr. Larry Webb (Chief of Auxiliary Services)</p> <p>Dr. Larry Webb (Chief of Auxiliary Services)</p> <p>July 2023 - June 2024</p>	<p>MTSS Module 2.4 Develop a Behavior/Social-Emotional and Attendance Component to System of Interventions</p> <p>ECATS Early Warning System</p>
<i>Treatment, Referral, Re-entry</i>	<ul style="list-style-type: none"> ● improve access to school-based and community-based services for students and their families ● improve transitions between and within school and community-based services ● Formalize protocol for students re-entering school following acute/residential mental health treatment 	<p>Counselors and Lead Social Worker</p> <p>Counselor, Teachers, Administration, and Lead Social Worker</p> <p>Student Support Services</p> <p>July 2023 - June 2024</p>	<p>Resources for Early Intervention and Treatment</p>

Improvement Plan Review

- Update at each team meeting
- Review quarterly based on evaluation data